



Community Advisory Council Minutes

May 17, 2016 at Noon
FamilyCare Offices
Multnomah County

Members Present: Jessica Coshatt, Nicholas Ocon, Leticia Sainz, Martha Spiers, Royal Harris, Christine Lau, Zuri Lopez, Lance Gilbert, Estefany Carcano, Rowan Everard, Celia Higuera, Sarah Keefe.

Members Absent: Jasmine Hernandez

Staff Present: Brett Hamilton, Jeff Heatherington, Annette Dieker.

Guests/Other: Dustin Zimmerman, Oregon Health Authority (OHA);

Welcome/ Introduction: Brett Hamilton welcomed the Council members and guests. Called the meeting to order at 12:05pm.

Hamilton introduced Annette Dieker the new Health and Education Systems Coordinator. Hamilton explained that the new position will be working with the Early Learning Hubs, our Regional Hub/CCO Team, and Public Health to enhance system linkages to promote child and youth health, with a focus on early child health.

Approval of minutes:

N/A

Conversation with President and CEO: Jeff Heatherington, President and CEO of FamilyCare Health sat down with Community Advisory Council to discuss the current state of affairs of the company and his vision for the future.

CAC Strategic Planning and Agenda Setting: Hamilton told the Council that he had received feedback that the Council wanted to be more active in setting the meeting agendas. Hamilton asked if the Council wanted to identify particular issues to discuss at future meetings.

The Council provided the following topics of interest:

- Adverse Childhood Experiences (ACEs),
- Suicide Prevention,
- Strengthening Resilience,
- Increase transgender providers,
- Workforce Crisis.

Heatherington asked what specifically the Council wanted to know about ACEs. Martha Spiers said one of the problems is that primary care providers aren't spending enough

time with patients to be able identify ACEs. Spiers said that there is a need to integrate behavior health and physical medicine.

Heatherington agreed and said that the biggest problem is that medical schools don't teach physicians how to treatment youth. Further, he said in his experience physicians are comfortable asking sensitive questions of youth, such as are youth sexually active, because of the fear of offending their parents.

Hamilton suggested that an area the Council to recommend that FamilyCare offer provider training for ACEs.

Rowan Everard said that suicide prevention was on an important issue for the transgender community. He explained that because of prejudice, bullying, and violence suicide is extremely high among transgender people.

It was also mentioned there is perception in the community that there is a lack of workforce for transgender. It was also mentioned that is there is a lack behavioral health providers in Washington County.

There were also comments regarding a tension that seems to currently exist between the CCOs saying that they have too much to do and a lack of providers. Celia Higuera commented that it is frustrating that traditional health workers are not being more widely used. Higuera explained that there are still issues with being able to reimburse traditional health workers. Spiers agreed and told the Council that Clackamas County uses traditional health workers, peers, but they don't bill they pay peers are under contract.

Higuera suggested that Council members volunteer and rotate working with the Council Chair and staff to create the monthly agenda. Higuera volunteered to help create June's agenda.

Next Meeting: June 21st, next council meeting at New Avenues for Youth 3 to 5pm.

Meeting Adjourned at 2:05pm