



Community Advisory Council Minutes

June 16, 2015 at 3:00 p.m.
Centerstone Clinic
Clackamas County

Members Present: Duane Westfall, Jessica Coshatt, Martha Spiers, Royal Harris, Jan Tesch, Zareck O'Neill, Nicholas Ocon, Chom Sou.

Members Absent: Neal Rotman

Staff Present: Brett Hamilton, Meg Pitman, Tania Curiel

Guests/Other: Dustin Zimmerman, Oregon Health Authority (OHA); Rebecca Boraz, Folk Time; Rachelle Ross, Folk Time; Jasmine Hernandez; Jan Johnson, The Lund Report

Tour of Centerstone Clinic: Martha Spiers, Clackamas County Safety Net Services Manager, welcomed Council members to Centerstone Clinic. Spiers explained that Centerstone was built three-years ago and was designed with input from peers. She also told the Council that peers are an embedded partner with staff at Centerstone.

Spiers explained that Clackamas County is different in that they directly run their crisis services. Spiers continued to tell the Council that Clackamas County has a contract for peer support since 2012 with Folk Time.

Spiers then introduced Rebecca Boraz, Director of Program Services, and Rachelle Ross, Peer Support Specialist from Folk Time. Boraz and Ross were invited as guest presenters.

Boraz told the Council that Folk Time offers eleven different programs to 350 participants. The service are located in NE Portland, Oregon City, and Sandy.

Ross explained that her role as a peer support is to help clients out of crisis and this requires building sustaining relationships.

Royal Harris asked, "How does peer support work for transition age youth in Clackamas County where there are not a lot of resources?"

Boraz answered, "Clackamas County is geographically spread out but youth tend to travel in tribes. So if we can figure out where they are hanging out you can target resources."

Meg Pitman, FamilyCare Director of Community Partners and TAY, injected, “Youth development organizations like OutsideIn, New Avenues for Youth, and Janus are looking to expand into Clackamas County.”

Spiers said, “Many of the youth hang out at Clackamas Town Center, which is just up the road from here.”

Duane Westfall asked, “Where is the hot spots for youth in Clackamas County?”

Spiers told him, “Clackamas Town Center and downtown Milwaukie.”

Chom Sou asked, “What are the demographics of the young people you are seeing in Clackamas County?”

Spiers said, “The largest underserved populations are Latinos, Russians, and Vietnamese.”

Jan Tesch asked, “What is the normal caseload?”

Boraz told the Council, “The normal caseload is 20 folks but that depends on the clients and the intensity of the cases.”

Brett Hamilton asked, “How does the billing work for paying peers?”

Spiers said, “The peers are not billing for services. There isn’t a medical record kept like the traditional medical model.”

Boraz continued, “The measurement is outputs and outcomes rather than traditional medical metrics. Peers are not providing services rather they are providing authentic relationships.”

Harris ended that conversation stating, “Oregon is behind the curve in terms of using peers. The need is obviously superseding resources.”

Official Welcome/ Introduction: Chair Jan Tesch welcomed the Council members and guests. Called the meeting to order at 4:00pm.

Approval of minutes:

Motion to approve minutes from May 19, 2015 by Spiers, seconded by Harris

ABSTAIN: Chom

Motion carried.

Community Health Improvement Plan Update: Pitman provided the Council with an update of the implementation of the Community Health Improvement Plan.

Pitman informed the Council that she had been out meeting with the organizations that submitted applicants for the grant.

Pitman then distributed a logic model. She explained that the logic model was the road map to implementing the CHIP and that the FamilyCare executive team were aligned with the plan.

CAC Summit Recap: Tesch requested that those who attended the CAC Summit provide their reflections for the Council members to attend.

Harris spoke of the impacts that CACs were having around the state. He also reflected on how he became aware that cultural competent services were limited in many areas of Oregon.

Jessica Coshatt said she felt re-energized. She was surprised to learn that 75% of CAC members haven't had any meeting facilitating training and thought some work could be done to improve that.

Tesch reflected that outside of the metro area Oregonians are having to travel long distances for health care and we are fortunate to live in the Portland Metro area. Tesch also learned a lot from the motivational interviewing training and said she would be suggesting to FamilyCare Board of Directors that FamilyCare offer its primary care providers the training.

Member Onboarding Events: Lynska Villiarimo, Manager, Navigation Services & Enrollment; told the Council that FamilyCare had begun hosting outreach events in the community to help members learn more about their health care benefit.

Villiarimo came to the Council meeting to solicit feedback and ideas of where to hold the outreach events.

Harris offered the following suggestions: Charles Jordon Community Center, IRCO-Africa House, OutsideIn, and Virginia Garcia.

Zareck O'Neill said most youth are probably taking Tri-Met so have events near transit stops or offer cab vouchers.

Westfall thought being able to text message members about the events would be important. Villiarimo said that FamilyCare was looking into the possibility of using text messaging.

Villiarimo asked that if she shared the PowerPoint would the Council members be willing to provide feedback. The Council agreed.

Next Meeting: July 21th, next council meeting at FamilyCare Noon to 2pm.

Meeting Adjourned at 5:10pm